

## House Cleaning Often Becomes Too Demanding for Seniors

As we enter our senior years, keeping our homes clean is one of those chores that often becomes too strenuous to perform all on our own. Tasks such as vacuuming, mopping and scrubbing, tend to put a lot of strain on our muscles and joints as we age. Older adults and seniors who have arthritis, replaced joints or physical disabilities can benefit enormously with the services Compassionate Clean offers. From a one-time cleaning to weekly or monthly service, our team is ready to help make cleaning stress-free! Compassionate Clean LLC is insured and bonded.

Contact us today for a consultation!  
**262-309-2568**

[Service@CompassionateClean.com](mailto:Service@CompassionateClean.com)



## Lending a Helping Hand

## House Cleaning Often Becomes Too Demanding for Seniors

As we enter our senior years, keeping our homes clean is one of those chores that often becomes too strenuous to perform all on our own. Tasks such as vacuuming, mopping and scrubbing, tend to put a lot of strain on our muscles and joints as we age. Older adults and seniors who have arthritis, replaced joints or physical disabilities can benefit enormously with the services Compassionate Clean offers. From a one-time cleaning to weekly or monthly service, our team is ready to help make cleaning stress-free! Compassionate Clean LLC is insured and bonded.

Contact us today for a consultation!  
**262-309-2568**

[Service@CompassionateClean.com](mailto:Service@CompassionateClean.com)



## Lending a Helping Hand





# Customized House Cleaning tailored for your specific needs ...

## Cleaning Services

	REGULAR	ROTATIONAL	EXTRA
Living Room & Dining Room	Dust furniture Vacuum carpet Sweep hardwood Mop hardwood	Dust blinds Sweep cobwebs Corner Vacuum	Move furniture & vacuum behind  Wash inside windows
Bedroom	Dust furniture Vacuum carpet Sweep hardwood Mop hardwood	Dust blinds Sweep cobwebs Corner Vacuum	Flip Mattress (twin or full size) Change sheets Wash inside windows
Bathroom	Wash tub Wash toilet Wash sink Clean mirror Sweep & mop floor Spot clean cabinets	Sweep cobwebs Wipe cabinets Wipe baseboards	Change shower curtain  Wash inside windows
Kitchen	Wipe counters Wipe stove top Wipe refrigerator doors Clean sink Spot clean cabinets Sweep & mop floors	Sweep cobwebs Wipe cabinets Wipe baseboards	Wipe out refrigerator Wipe out oven
Hallways	Vacuum Sweep & mop floors	Sweep cobwebs Corner vacuum	

## About Compassionate Clean ...

Compassionate Clean was founded by Lynda Balcerek to provide dependable and efficient cleaning assistance to seniors.

Her passion and enthusiasm for clean environments began as a housekeeper at Community Memorial Hospital. She learned effective disinfecting techniques and gained valuable time management skills. Her time with Visiting Angels, a provider of non-medical senior home care, cemented her commitment to helping and serving seniors. During this time, Lynda became aware of how difficult cleaning can be for seniors. She realized many seniors need more than the light housekeeping help that home care agencies offer, thus Compassionate Clean was created.

Whether you or a family member needs assistance, you will be pleased with the caring and professional attention Compassionate Clean provides. Give us a call today! Compassionate Clean LLC, is bonded and insured.

# Customized House Cleaning tailored for your specific needs ...

## Cleaning Services

	REGULAR	ROTATIONAL	EXTRA
Living Room & Dining Room	Dust furniture Vacuum carpet Sweep hardwood Mop hardwood	Dust blinds Sweep cobwebs Corner Vacuum	Move furniture & vacuum behind  Wash inside windows
Bedroom	Dust furniture Vacuum carpet Sweep hardwood Mop hardwood	Dust blinds Sweep cobwebs Corner Vacuum	Flip Mattress (twin or full size) Change sheets Wash inside windows
Bathroom	Wash tub Wash toilet Wash sink Clean mirror Sweep & mop floor Spot clean cabinets	Sweep cobwebs Wipe cabinets Wipe baseboards	Change shower curtain  Wash inside windows
Kitchen	Wipe counters Wipe stove top Wipe refrigerator doors Clean sink Spot clean cabinets Sweep & mop floors	Sweep cobwebs Wipe cabinets Wipe baseboards	Wipe out refrigerator Wipe out oven
Hallways	Vacuum Sweep & mop floors	Sweep cobwebs Corner vacuum	

## About Compassionate Clean ...

Compassionate Clean was founded by Lynda Balcerek to provide dependable and efficient cleaning assistance to seniors.

Her passion and enthusiasm for clean environments began as a housekeeper at Community Memorial Hospital. She learned effective disinfecting techniques and gained valuable time management skills. Her time with Visiting Angels, a provider of non-medical senior home care, cemented her commitment to helping and serving seniors. During this time, Lynda became aware of how difficult cleaning can be for seniors. She realized many seniors need more than the light housekeeping help that home care agencies offer, thus Compassionate Clean was created.

Whether you or a family member needs assistance, you will be pleased with the caring and professional attention Compassionate Clean provides. Give us a call today! Compassionate Clean LLC, is bonded and insured.